

St. Mark's Lutheran Church

The Weekly Messenger

Founded in faith. Growing in grace.

5800 Backlick Road, Springfield, VA 22150 ~ 703-451-4331

The Ascension of Our Lord~May 12, 2024



(Shown above flowers from April 28th)

TODAY'S FLOWERS

There are no flower dedications this week. If you would like to dedicate flowers any week of the year, you may pick up a form in the Narthex or find a PDF version of the form on the St. Marks website.

ATTENDANCE ON SUNDAY MAY 5, 2024: 9:45AM IN PERSON (93), 9:45AM RESTREAM (), 12:15PM IN PERSON (48), 12:15PM RESTREAM ()



**We are a Stephen Ministry Congregation
Christian Care, Compassion, Listening — When you need it most.**



Thank You

Dear friends,

I was completely surprised and very much overwhelmed when, on last Thursday evening, I was presented with a new musical composition commissioned by St. Mark's congregation in honor of my retirement after 50 years as a professional organist, 22 of which have been spent with you at St. Mark's.

"Thank you" hardly seems adequate to express the gratitude I feel. I am honored, humbled, and thrilled with this very generous gift. Alice and Karen orchestrated the gift and the giving of it. I can't thank them enough. The bell ringers joined the choir for the first reading during our regular weekly rehearsal. You, the congregation, will get to hear it, and be part of it, on June 2, when we observe Musician Appreciation Sunday at the 9:45 AM service.

Based on one of my favorite hymns, "O Morning Star!", it was arranged by Wayne Wold, director of music ministry and organist of First Lutheran in Ellicott City, for choir, congregation, organ (including Zimbelstern), and handbells. It is exciting to me that this is a gift we can all share and participate in. Dr. Wold has made this hymn come alive in an interpretation I think you will find expressive of the text in an interesting, beautiful, and inspiring way.

My heartfelt thanks!

Chris Michaelsen



Save the Date - May 19 - Fellowship Dinner: Welcome Back Pr. Albert and Triolo Family!

Pastor Albert returns from his sabbatical on Sunday, May 19 as we celebrate Pentecost. Please join us for a fellowship dinner in the Fellowship Hall at **5:30 PM on May 19** to reconnect with Pr. Albert and the Triolo family.

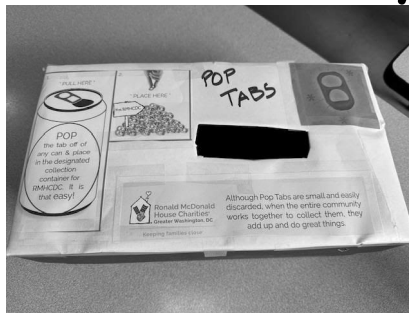
There is a Signup Genius link

at <https://www.signupgenius.com/go/9040E4DA8A62DA3FC1-49558294-fellowship#/>.

There will also be a paper sign-up sheet in the Narthex.

Main Course will be provided. Please sign up for appetizers, salad, or desserts. You are welcome to provide comments about what you might be bringing. For any coordination, contact the Council President, Erik Long at CouncilPresident@stmarks-elca.org.

Please bring your pop tabs in the narthex. Thank you!





Ronald McDonald
House Charities®
Greater Washington, DC

PULL FOR THE HOUSE!

WHY PULL TABS?

It's just so simple!

Pull tabs are easy to collect and store and are less messy than collecting entire cans. Not to mention, there is more concentrated aluminum in Pull Tabs than in the cans, so we can get more money for something a lot smaller! Our commercial recycling partner weighs the tabs and cuts us a check on the spot.



100% of the money we earn is used to offset the cost between the amount families are able to donate for their stay and our actual operating costs - a difference of about \$197 a night. You can easily see that the little pull tab you used to throw away is very valuable to the guest families at our Houses.

COLLECTION CONTAINERS



The biggest challenge for some folks is the collection container. **There is no need for anything fancy here; although, unusual does attract more enthusiasm!**

Re-use and recycle whatever you can find: cereal boxes, potato chip canisters, oatmeal or coffee cans, milk or juice jugs, paper or plastic bags. Make sure to decorate it!



If you need something larger for a place of business, church or club, make sure it's sturdy. Tabs are not heavy individually, but the weight does add up! Groups have used anything from garbage cans to fish tanks to bath tubs and many design and build their own unique creations. See the pictures above for examples!

Place your containers in a convenient, visible location, whether in your home or meeting space. The most fun part of collecting is actually watching your progress and seeing the containers fill up!

Pull TABulations



Weights

1 pound = 1,267 tabs
789 pounds = 1 million tabs
1 ton = 3.2 million tabs

1 meter = 39 tabs
1 kilometer = 39,370 tabs
1 mile = 63,360 tabs
16 miles = 1 million tabs

1 copy paper box = 24 pounds

Large oatmeal container = 2 pounds
Sandwich sized Ziploc = .5 pounds
Gallon sized Ziploc = 2.5 pounds
32 gallon trash can = 80 pounds

Measurements

1 inch = 1 tab
1 foot = 12 tabs
1 yard = 36 tabs

Common Containers

1 Pringles can = 1/3 pound
Gallon milk jug = 3 pounds
2 liter bottle = 1.75 pounds



~ MUSIC EVENTS AT ST. MARK'S ~

May 18 4 PM Northern Virginia Chorale Concert and Dessert Reception

June 2 9:45 AM Music Appreciation Sunday Celebration Featuring newly commissioned Choral, organ and handbell work

"O MORNING STAR!"

In honor of CHRIS MICHAELSEN

June 30 9:45 AM Service Chris Michaelsen's Final Sunday as organist before retirement Reception following Service.

Dwelling in the Word Bible Study—Psalms



Our Thursday at 10:30 AM group continues on Zoom each week at [https:// us02web.zoom.us /j/894781064?pwd=qlhpplAMfIG4k ATY76CfF2cVpJsp Hj.1](https://us02web.zoom.us/j/894781064?pwd=qlhpplAMfIG4kATY76CfF2cVpJspHj.1). We continue to read through the Psalms. All are welcome to join us. It is never too late to get started on reading the Psalms, as each Psalm can be read independently.

Men's Bible Study—Galatians

Men's Bible Study takes place on Wednesday mornings at 9:00 AM in the Lounge. If you cannot meet in person but would like to join remotely, the Zoom link is in the online **St. Mark's Calendar**.

We are studying St. Paul's Epistle to the Galatians—Martin Luther's favorite epistle. Come, read together, and discuss!

THIS WEEK'S BIRTHDAYS:

May 12: Colette Bolton May 13: Marta Sorto De Fuentes, Elaine Wolf

May 14: Linda Freeman May 16: Patricia Bruch, Carl Johnson

May 17: Angela Argueta Sorto, Nicole Colovos

May 18: Hugh Linnemann, Karl Miller, Antony Ruiz

Next Week's Birthdays:

May 19: Cindy Hausch-Booth

May 20: Kevin Vigil

May 22: Nancy Edwards, Faustino Flores, Lance Quesenberry

May 24: Kacy Pate

May 25: Don Whitley

OUR PRAYER LIST AS OF MAY 10, 2024

Monday: Grieving family of Terrence Connelly, *stepfather of Christina Triolo.*

Thursday: Prayers of thanksgiving for the birth of Orla Julie Rogers, *granddaughter of Rodney and Linda Pendleton.*

Friday: Grieving family of Kaitlyn Dula, *family of Jane Miller.*

Saturday: Carla Yock, Dave Smith.

THIS WEEK'S CALENDAR

For the weekly calendar please visit: <https://www.stmarks-elca.org/calendar>

Ministry Team: Albert W. Triolo, Senior Pastor; Saul Cardona, Associate Pastor Maritza Cerritos, Admin Assistant; Julian Lee, Custodian; Christian Michaelsen, Organist; Karen Randall, Choral Director; Alice Real, Dir. of Youth and Family Services, English Handbell Choir, Children's Vocal Music; Harriet Latta, Sunday Church School Dir. **Congregation Council Officers:** Erik Long, President; Bill Turner, Vice-President; Nancy Gorman, Secretary; Colleen Struss, Treasurer.