

THIS WEEK

Sunday 8:30 am Service with Communion (Eng)
 9:40 am SCS
 9:45 am 9:46 Crowd
 11:00 am Choral Holy Communion (Eng)
 1:00 pm Worship (Español)
 Tues 9:30 am Quilters, Friendship House
 Wed 7:00 am Men's Group in the Education Bldg.
 3rd Wed 10:00am Bazaar Crafters Friendship House
 Thurs 7:00 pm Bell Choir Practice
 Thurs 8:00 pm Choir Practice

Tuesday at 10

St. Mark's is a praying church, each Tuesday morning when the staff meets at 10 am, we begin by praying for our people both general membership as well as specific needs. Please take a few moments at 10 am to pray for our people. This week we will be praying for the people on page 7 of Jan 2012 Directory-
Cotrone - Dempsey

Happy 90th Birthday, Pastor Trower

In his typical, giving spirit, Pastor Ross Trower is hosting an ice cream and cookie social for his St. Mark's family as he celebrates his 90th birthday. The event will be Sunday, February 19, 2012, at 9:45 A.M. in the Fellowship Hall. There will be a box in the Narthex February 5, 12, and 19, for dropping off cards, personal notes, photos, etc. for Pastor Trower. Or... mail them to St. Mark's Office with a note on the envelope that they're for Pastor Trower's birthday. **Note:** Pastor Trower is allowing his friends at St. Mark's to assist with the logistics, so, if you would like to volunteer, contact Sandy Lind (703-451-1593) or Ginger Lutz (703-751-8315). Singing "Happy Birthday" on Feb. 19 is "A-OK"!

Worship Attendance January 29th: 336



Library Room - Cleaning and Organizing

We are in the process of cleaning and organizing the Library. The books in this room will be taken to the adult classrooms where they will be more readily available. Any person/committee/organization that has stored any items in this room are requested to remove them before Monday, Feb. 13, 2012. Thereafter we will dispose of any items remaining, other than Music and Bravo Theater.

Property Update

We are pleased to announce that selected rooms, restrooms, and hallways, now have a motion activated electric light switch, which will help to reduce our electric bills. Your REVITALIZATION FUND at work.

Pastoral Team: Neal R. Davidson, Lead Pastor; Ross H. Trower, Pastor; Amsalu Geleta, Pastor; Carmelo Santos, Pastor, Duane Carlson, Pastor Emeritus

Director of Music: Robert S. Webb, Jr. **Organist:** Christian Michaelsen. **Children's Music:** Susan Nestleroth and Debbie Griffes; **English Handbell Choir:** Caryn Fraim;

Office Manager: Evelyn Westenhaver; **Secretary:** Kathy McAndrew.

Congregation Council Officers: Tim Lutz, President; Heidi Eickstadt, Vice-President; Frank Stellar, Secretary, Ed Barnes, Treasurer

Sunday Church School Director: Harriet Latta **Registrar:** Linda Vretos

St. Mark's Montessori School: Kathy Flynn, Director; Pam Nagy, Administrative Assistant

School Phone: 703-451-4470.



11:00 am Service With Holy Communion Fifth Sunday after Epiphany-5 February 2012

THEME FOR THE DAY

Martin Luther used to say that the church has its center outside. Today's readings attest to that ex-centric ecclesiology. After healing many people in his hometown and exorcising many demons Jesus tells his disciples that they must leave and go to the neighboring towns "so that I may proclaim the message there also; for that is what I came out to do" (Mark 1:38). How can St Mark's be ex-centric also in service and proclamation this epiphany season?

The Time After Epiphany Order of Worship is found printed on card stock handed you by the ushers. Please place the Order of Worship in the basket at the entrance to the Nave after the service. Thank You!

Prelude	Chorale Preludes on <i>Wie schön leuchtet</i> Dietrich Buxtehude	
Gathering Hymn	<i>O Morning Star, How Fair and Bright!</i> (Wie schön leuchtet)	#308
Reading	Isaiah 40:21-31	
Gospel	Mark 1:29-39	
Sermon	"Does Jesus Heal Today?"	Pr. Trower
Hymn of the Day	<i>Bless Now, O God, the Journey</i> (Llangloffan)	#326
Offertory Music	<i>How Can I Keep from Singing</i> arr. John Carter	Chancel Choir
Communion Hymn	<i>Now the Silence</i> (Now)	#460
	<i>Now, Lord</i> (Nunc dimittis)	#201
Sending Hymn	<i>God, Whose Almighty Word</i> (Italian Hymn)	#673
Postlude	<i>Wie schön leuchtet</i> Egil Hovland	

Altar Arrangements for Sunday, February 5, 2012

Nancy and Dick Hartman in celebration of our daughter, Amy's, birthday.

Pete Morrison in celebration of Peggie's birthday.

Jean Nelson given in honor of son Bill and grandson Nicholas Nelson birthdays.

Karen Randall in loving memory of George B. Randall's birthday.

Frank and Trudy Stellar in celebration of Jackie's birthday.

The Vretos Family in celebration of the birthday of Victoria Vretos Opel.



READING

Isaiah 40: 21-31

21Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? 22It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in;23who brings princes to naught, and makes the rulers of the earth as nothing. 24Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. 25To whom then will you compare me, or who is my equal? says the Holy One. 26Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. 27Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? 28Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. 29He gives power to the faint, and strengthens the powerless. 30Even youths will faint and be weary, and the young will fall exhausted; 31but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

GOSPEL Mark 1: 29-39

P The holy gospel according to Mark C Glory to you, O Lord.

29As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. 30Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. 31He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. 32That evening, at sundown, they brought to him all who were sick or possessed with demons. 33And the whole city was gathered around the door. 34And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. 35In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. 36And Simon and his companions hunted for him. 37When they found him, they said to him, "Everyone is searching for you." 38He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." 39And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

P The Gospel of the Lord. C Praise to you, O Christ.



This Week at St. Mark's...February 5, 2012

ST. MARK'S LUTHERAN CHURCH 5800 BACKLICK ROAD SPRINGFIELD, VIRGINIA 22150
Phone 703-451-4331 Fax 703-451-4374 E-Mail: info@stmarks-elca.org
Church Office Hours: 9:00 am-3:00 pm-Monday to Thursday- 9:00am - 2:00 pm - Friday
Voice Mail is available after hours

Welcome Everyone Welcome Everyone! St. Mark's is a biblically centered and caring congregation with the gentle love of Christ. Here God comes to us in his Word and the Sacraments. All are baptized and communing Christians welcome at our table. Communion is by intinction and gluten free bread is available in the large golden chalice. We love snuggling infants and squiggling toddlers, all are welcome in God's house. Please fill out a pew card each Sunday. It helps us know your needs. Visitors, please be certain to stop at the Welcome Table for information about St. Mark's.



Altar Guild Meeting Today, following the 8:30am service in the church Nave, up front, pulpit side . All members and those interested in learning more are encouraged to come

Pleasant Surprise - Something to Make You Smile

Jan Pantin is a member of Deborah circle at St. Mark's, and also the office secretary at Lynnbrook Elementary School across Backlick Road. Last night (Wednesday) at circle meeting at Anna Swann's house, just after Mary Anderson had finished the Bible study which investigated ways people today can better care for the vineyards that God has given them, Jan read a letter from a Lynnbrook student asking for support for 15 students to attend a peer mediation conference this spring. "How much per kid?" "How will they get there?" "Where's the conference?" "When?" Without hesitation, circle ladies got out their checkbooks and together gave Jan enough funds to send all 15 students. Everybody was smiling!

All Hypothermia Volunteers - Please Mark your Calendars

FACETS will be presenting a short discussion as to "Diversity Among Our Hypothermia Guests" and how best we can be helpful today-Sunday, Feb. 5th at 9:46am in Room 114 in the Ed Wing.

We still need male volunteers for Mon. and Tues. nights. One breakfast volunteer for Mon., Tues., Wed. and Thurs. Come help us - help our guests!! The volunteer forms are in the Narthex by the bulletin board or mail kay-graff@cox.net or phone is 703-725-5276. All financial contributions should be made to St. Mark's designating Hypothermia.

Thank you all for your Help!
The Life Center, St. Mark's and FACETS



First Communion The children will be received to the Table next Sunday, February 12 at the 8:30 service. Those who have not returned their form please return this week (before Sunday).